Do you have Swine Flu?



Physical symptoms include:

- Headaches
- Muscle tension
- Low back pain
- Pains in shoulders or neck
- Pains in chest
- Stomach/abdominal pain
- Muscle spasms or nervous tics
- Unexplained rashes or skin irritations
- 'Pounding' or 'racing' heart
- Sweaty palms
- Sweating when not physically active
- Butterflies' in stomach
- Lack of appetite
- Diarrhea
- Unable to sleep or excessive sleep
- Shortness of breath

Emotional/cognitive symptoms:

- Feeling irritable
- Nervousness
- Restlessness
- Unable to concentrate
- Becoming easily confused
- Having memory problems
- Negative thinking
- mood swings
- Eating when you are not hungry
- Not having enough energy to get things done
- Difficulty in making decisions
- emotional outbursts

STOP THE SPREAD OF THIS DANGEROUS EPIDEMIC

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water every 30 minutes, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with other people.
- If you are worried about influenza, CDC recommends that you stay home from work or school and limit contact with others



Do you have Swine Flu Hysteria?



Physical symptoms include:

- Headaches
- Muscle tension
- Low back pain
- Pains in shoulders or neck
- Stomach/abdominal pain
- Muscle spasms or nervous tics
- Mysterious tone emitting from your nipples
- 'Pounding' or 'racing' heart
- Sweaty palms
- Making piggy noises
- Lack of appetite
- 'Aliens' bursting from stomach
- Diarrhea
- Unable to sleep
- Excessive sleep
- Shortness of breath
- Acute awareness of physical health

Social symptoms:

- Nonspecific low-grade stress
- Talking about swine flu
- Reading about swine flu
- Tweeting about swine flu
- Freaking out
- Considering inoculation
- Fear of coworkers
- Fear of pigs
- Reading posters about swine flu and wondering if you have it
- piggy puns

STOP THE SPREAD OF THIS HYSTERICAL DISEASE



- If you are worried that you have swine flu, check to see if you're in Mexico. If you're not in Mexico, you are relatively safe... for now
- Swine Flu Hysteria is much more common and annoying than swine flu.
- If are worried about influenza, CDC recommends that you talk about it nonstop on the internet and in real life

Do you have the FACTS about Swine Flu?



It all starts out as a bit of fun, until it wipes out mankind.

The Facts:

- Swine Influenza (swine flu) is a respiratory disease of pigs caused by type A influenza virus that regularly causes outbreaks of influenza in humans
- To diagnose swine influenza A infection, a respiratory specimen would generally need to be collected within the first 2 to 3 days of illness (when an infected person is most likely to be shedding virus). After this window, detection is impossible.
- Like all influenza viruses, swine flu viruses change constantly. One day it may be like the flu, the next day it might be like hysterical pregnancy.
- swine flu is fully tcp/ip compatible and can infect all x86 platforms regardless of operating system.
- Swine flu was originally created by the Belgian government as a bacon substitute
- Swine flu is synonymous with diabetes

STOP THE SPREAD OF THIS HYSTERICAL DISEASE



- If you are worried that you have swine flu, check to see if you're in Mexico. If you're not in Mexico, odds are pretty good that you're safe.
- Swine Flu Hysteria is significantly more common and irritating than swine flu, and can be spread via the internet.